You live in the North American Southwest about 1,000 years ago. You’ve been working in the fields for several hours today. The maize crop looks good this summer, and you are hoping for a successful harvest. After finishing your work, you walk home. The opening to your house is in a cliff wall 30 feet above a canyon floor. You must use ladders to get to the opening.

Do you like the location of your home? Why?

Early Societies

The earliest people in North America were hunter-gatherers. After 5000 BC some of these people learned how to farm, and they settled in villages. Although less populated than South America and Mesoamerica, North America had many complex societies long before Europeans reached the continent.

Anasazi

By 1500 BC the people who lived in the North American Southwest, like those who lived in Mesoamerica, were growing maize. One of the early farm cultures in the Southwest was the Anasazi (ah-nuh-SAH-zee). The Anasazi lived in the Four Corners region, where present-day Arizona, Colorado, New Mexico, and Utah meet. Anasazi farmers adapted to their dry environment and grew maize, beans, and squash. Over time, they began to use irrigation to increase food production. By the time the Anasazi settled in the area, they were already skilled basket makers. They wove straw, vines, and yucca to make containers for food and other items, and they eventually became skilled potters as well.
The early Anasazi lived in pit houses dug into the ground. After about AD 750 they built pueblo, or aboveground houses made of a heavy clay called adobe. The Anasazi built these houses on top of each other, creating large multistoried complexes. Some pueblos had several hundred rooms and could house 1,000 people.

The Anasazi often built their houses in canyon walls and had to use ladders to enter their homes. These cliff dwellings provided a strong defense against enemies. The Anasazi also built kivas, underground ceremonial chambers, at the center of each community. Kivas were sacred areas used for religious ceremonies. Some of these rituals focused on the life-giving forces of rain and maize.

The Anasazi thrived for hundreds of years. After AD 1300, however, they began to abandon their villages. Scholars believe that drought, disease, or raids by nomadic tribes from the north may have caused the Anasazi to move away from their pueblos.

Mound Builders
Several farming societies developed in the eastern part of North America after 1000 BC. The Hopewell lived along the Mississippi, Ohio, and lower Missouri river valleys. They supported their large population with agriculture and trade. They built large burial mounds to honor their dead.

The Hopewell culture had declined by AD 700. Another culture, the Mississippian, began to thrive in the same area. Skilled farmers and traders, the Mississippian built large settlements. Their largest city, Cahokia, was located near present-day Saint Louis, Missouri. It had a population of 30,000.

The Mississippian built hundreds of mounds for religious ceremonies. Cahokia alone had more than 100 temple and burial mounds. These mounds had flat tops, and temples were built on top of the mounds. Many of the mounds were gigantic. Monks Mound, near Collinsville, Illinois, for example, was 100 feet high and covered 16 acres.

Several other mound-building cultures thrived in eastern North America. More than 10,000 mounds have been found in the Ohio River valley alone. Some of these mounds are shaped like birds and snakes. The mound-building cultures had declined by the time European explorers reached the Southeast. Their societies no longer existed by the early 1700s.

Reading Check Summarizing Why did some Native American groups build mounds?
Native American Culture Areas

Researchers use culture areas—the geographic locations that influenced societies—to help them describe ancient Native American peoples. North America is divided into several culture areas.

North and Northwest

The far north of North America is divided into the Arctic and Subarctic culture areas. Few plants grow in the Arctic because the ground is always frozen beneath a thin top layer of soil. This harsh environment was home to two groups of people, the Inuit and the Aleut. The Inuit lived in present-day northern Alaska and Canada. Their homes were igloos, hide tents, and huts. The Aleut, whose home was in western and southern Alaska, lived in multifamily houses that were partially underground. The two groups shared many cultural features, including language. Both groups survived by fishing and hunting large mammals. The Aleut and Inuit also depended on dogs for many tasks, such as hunting and pulling sleds.

South of the Arctic lies the Subarctic, home to groups such as the Dogrib and Montagnais peoples. While they followed the seasonal migrations of deer, these peoples lived in shelters made of animal skins. At other times, they lived in villages made up of log houses. Farther south, the Kwakiutl and the Chinook thrived, thanks to the rich supply of game animals, fish, and wild plants that allowed large populations to increase without the need for farming.

Native Americans in the Pacific Northwest carved images of totems—ancestor or animal spirits—on tall, wooden poles. Totem poles held great religious and historical significance for Native Americans of the Northwest. Feasts called potlatches were another unique, or unusual, aspect of these Native Americans’ culture. At these gatherings, hosts, usually chiefs or wealthy people, gave away most of their belongings as gifts. In this way, the hosts increased their social importance.

West and Southwest

Farther south along the Pacific coast was the California region, which included the area between the Pacific and the Sierra Nevada mountain range. Food sources were plentiful, so farming was not necessary. One major plant food was acorns, which were ground into flour. People also fished and hunted deer and other game. Most Native Americans in the California region lived in groups of families of about 50 to 300. Among these groups, including the Hupa, Miwok, and Yokuts, more than 100 languages were spoken.

The area east of the Sierra Nevada, the Great Basin, received little rain. To survive, Native Americans adapted to the drier climate by gathering seeds, digging roots, and trapping small animals for food. Most groups in this area, including the Paiute, Shoshone, and Ute, spoke the same language.

The Southwest culture region included the present-day states of Arizona and New Mexico, and parts of Colorado and Texas. Pueblo groups, such as the Hopi and Zuni, lived there. Like the Anasazi, these Native Americans also adapted to a dry climate. The Pueblo irrigated the land and grew maize, squash, and beans. These crops were vital to southwestern peoples. The Pueblo religion focused on two key areas of Pueblo life, rain and maize. The Pueblo performed religious rituals hoping to bring rain and a successful maize crop to their peoples.

Pueblo peoples were settled and built multistoried houses out of adobe bricks. Over time their towns grew larger, and some towns had more than 1,000 residents. Pueblo peoples made fine pottery that featured beautifully painted designs.
Native American Culture Areas

1. Region Why did some culture areas have fewer groups of people than other culture areas did?
2. Human-Environment Interaction What natural features served as boundaries between culture areas?
The Apache and Navajo also lived in the Southwest. These groups were nomadic—they moved from place to place hunting small animals and foraging for food. The Apache and Navajo also supported themselves by raiding the villages of the Pueblo and others.

**Great Plains**

The huge Great Plains region stretches south from Canada into Texas. This culture area is bordered by the Mississippi Valley on the east and the Rocky Mountains on the west. The Plains were mainly grassland, home to millions of buffalo. Deer, elk, and other game also thrived there.

Most Great Plains peoples were nomadic hunters. Many groups hunted buffalo using bows and spears. Blackfoot and Arapaho hunters sometimes chased the animals over cliffs, drove them into corrals, or trapped them in a ring of fire. Native Americans used buffalo skins for shields, clothing, and coverings for their **teepees**—cone-shaped shelters.

Some Plains groups were farmers. The Mandan and Pawnee settled in villages and grew corn, beans, and squash. The Pawnee lived in round lodges made of dirt. Like some other Native American groups, Pawnee society was **matrilineal**. This means that people traced their ancestry through their mothers, not their fathers.

**Northeast and Southeast**

Eastern North America was rich in sources for food and shelter. Animals, plant foods, fish, and wood for housing were plentiful in the region’s woodlands and river valleys.

Most southeastern groups, including the Cherokee, Creek, and Seminole, lived in farming villages governed by village councils. In the Northeast, groups like the Algonquian survived by hunting and gathering plants. Those in the south farmed, hunted, gathered plants, and fished. Many tribes used strings of beads known as wampum for money.

To the east of the Algonquian lived the Iroquois (or Haudenosaunee). They were farmers, hunters, and traders who lived in longhouses, or rectangular homes made from logs and bark, that housed 8 to 10 families.

The Iroquois created the **Iroquois League**. This confederation, or alliance, was established by the Cayuga, Mohawk, Oneida, Onondaga, and Seneca. The league waged war against and made peace with non-Iroquois peoples. Its goal was to strengthen the alliance against invasion. The league helped the Iroquois become one of the most powerful Native American peoples in North America.

**Reading Check**  Generalizing  How did environment influence Native American cultures in North America?
Shared Beliefs

Although they were different culturally and geographically, Native American groups of North America shared certain beliefs. The religion of most Native American peoples, for example, was linked to nature. Native Americans believed that spiritual forces were everywhere, dwelling in heavenly bodies and in sacred places on the earth. Spirits even lived within animals and plants. Native Americans tried to honor the spirits in their daily lives.

Ceremonies maintained the group’s relationship with Earth and Sky, which were believed to be the sustainers of life. In addition, individuals who wanted help prayed to their spirit protector.

Native Americans also shared beliefs about property. They believed that individual ownership only applied to the crops one grew. The land itself was for the use of everyone in the village, and a person’s right to use it was temporary. Native Americans also thought they should preserve the land for future generations. These beliefs contrasted sharply with those of Europeans—a difference that would cause conflict.

Despite their shared beliefs, the diverse culture groups of North America had little interest in joining together into large political units. As a result, Native Americans on the North American continent did not form large empires like the Aztec and Inca of Meso-and South America did.

Reading Check Identifying Points of View
What religious beliefs did Native American groups share?

Summary and Preview People of North America formed many complex societies. In the next section you will read about societies in West Africa.

Section 2 Assessment

Reviewing Ideas, Terms, and People

1. a. Recall Why did the Anasazi build Kivas?
   b. Summarize What different types of housing were built by the Anasazi?
   c. Draw Conclusions Why do you think that some mounds were built in the shape of birds and snakes?

2. a. Identify What are culture areas?
   b. Contrast How did food sources for Native Americans of the North and Northwest differ from those of Native Americans living in the West and Southwest?
   c. Elaborate Why was the formation of the Iroquois League considered to be a significant political development?

3. a. Recall How did Native Americans view land ownership?
   b. Analyze What role did religion play in the lives of Native Americans?
   c. Predict Why do you think most Native American groups did not form large empires like the Aztec and the Inca did?

Critical Thinking

4. Comparing and Contrasting Review your notes on early societies and culture areas. Then use a Venn diagram like this one to identify similarities and differences among Native American culture groups.

Focus on Writing

5. Describing Culture Look back through this section to discover ways in which a group’s beliefs, environment, and practices can be described. Write down phrases that you think are especially useful in understanding Native American cultures.